

Cure Fats

Grab & Go Menu

Made fresh every morning so you can enjoy them on the run!

1. GRANOLA PARFAIT \$6¾

2. SMOKED ROSEMARY CLUB \$11½

3. TURKEY & FIG \$10½ (avocado on the side)

4. BITE BOX \$6½ (choose one)

- "PB&J" peanut butter, fig jam, celery, carrots, flatbread crackers
- smithfield ham, swiss cheese, flatbread crackers, fresh fruit
- shredded turkey, cheddar cheese, flatbread crackers, fresh fruit
- "Protein Pack" carrots, celery, mixed nuts, swiss, cheddar cheese, hard-boiled egg

Bites

(V) AVOCADO TOAST \$7¾

fresh avocado mash with salt, pepper, and sesame seeds on toasted wheat bread
tomato + \$½ goat cheese + \$½ bacon + \$2
greens + \$½ *two fried eggs + \$2 lox + \$3

LOX & CREAM CHEESE \$11

smoked salmon, cream cheese, red onion, capers on toasted everything bagel topped with fresh dill and lemon twist

(V) BAGEL \$3¾

toasted plain or everything bagel with your choice of topping:
tomato + \$½ butter + \$½ house jam + \$½
bacon + \$2 cream cheese + \$½

(GF) substitute for a gluten-free bagel for + \$1

(GF) GRANOLA PARFAIT \$6¾

(V) greek yogurt, house granola, and fresh fruit drizzled with honey

Breakfast Sandwiches

MORNING CURE \$8¼

hard-fried egg, crispy bacon, and cheddar cheese on a toasted plain bagel

HANGOVER HELPER \$9

hard-fried egg, house-smoked pastrami, melted swiss, and russian dressing on a toasted everything bagel

SOUTHWEST BREAKFAST SANDWICH \$8½

hard-fried egg, crispy bacon, chipotle aioli, red onions, avocado mash, and fresh cilantro on your choice of plain or everything bagel

Salad

(GF) CLASSIC CHEF \$11

crispy bacon, ham, soft-boiled egg, avocado, roma tomato, and cucumbers, on a bed of mixed greens with house ranch dressing

Lunch Sandwiches

(GF) substitute for a gluten-free bagel for + \$1 OR turn any sandwich into a salad

SMOKED ROSEMARY CLUB \$11½

rosemary ciabatta and aioli with ham, turkey, bacon, red onion and greens

PIMENTO B.L.T. \$10¼

crispy bacon, house pimento cheese, greens, roma tomato, and garlic-basil aioli, on toasted baguette

PASTRAMI REUBEN \$12

tender house-smoked pastrami, melted swiss, house sauerkraut and russian on toasted marbled rye bread

TURKEY AND FIG \$10½

roasted turkey, avocado, house fig jam, greens, honey dijon vinaigrette, and goat cheese on toasted wheat bread

À la Carte:

(GF) ROUTE 11 CHIPS \$2

(V) FRESH FRUIT \$1¾

(V) vegetarian **(V)** vegan **(GF)** gluten-free

please be advised that while we do our best to accommodate allergies and dietary restrictions, we are not a nut free/gluten free kitchen, so there is always a chance of cross-contamination

*eggs are cooked to customer specification. Consuming raw or undercooked animal products may increase your risk of foodborne illness