

# Cure Fats

## Grab & Go Menu

Made fresh every morning so you can enjoy them on the run!

1. GRANOLA PARFAIT \$6¾

2. SMOKED ROSEMARY CLUB \$11½

3. TURKEY & FIG \$10½ (avocado on the side)

4. BITE BOX \$6½ (choose one)

- "PB&J" peanut butter, fig jam, celery, carrots, flatbread crackers
- smithfield ham, swiss cheese, flatbread crackers, fresh fruit
- shredded turkey, cheddar cheese, flatbread crackers, fresh fruit
- "Protein Pack" carrots, celery, mixed nuts, swiss, cheddar cheese, hard-boiled egg

## Bites

**(V)** AVOCADO TOAST \$7¾

fresh avocado mash with salt, pepper, and sesame seeds on toasted wheat bread  
tomato + \$½      goat cheese + \$½      bacon + \$2  
greens + \$½      \*two fried eggs + \$2      lox + \$3

**LOX & CREAM CHEESE \$11**

smoked salmon, cream cheese, red onion, capers on toasted everything bagel topped with fresh dill and lemon twist

**(V)** BAGEL \$3¾

toasted plain or everything bagel with your choice of topping:  
tomato + \$½      butter + \$½      house jam + \$½  
bacon + \$2      cream cheese + \$½

**(GF)** substitute for a gluten-free bagel for + \$1

**(GF)** GRANOLA PARFAIT \$6¾

**(V)** greek yogurt, house granola, and fresh fruit drizzled with honey

## Breakfast Sandwiches

**MORNING CURE \$8¼**

hard-fried egg, crispy bacon, and cheddar cheese on a toasted plain bagel

**HANGOVER HELPER \$9**

hard-fried egg, house-smoked pastrami, melted swiss, and russian dressing on a toasted everything bagel

**SOUTHWEST BREAKFAST SANDWICH \$8½**

hard-fried egg, crispy bacon, chipotle aioli, red onions, avocado mash, and fresh cilantro on your choice of plain or everything bagel

## Salad

**(GF)** CLASSIC CHEF \$11

crispy bacon, ham, soft-boiled egg, avocado, roma tomato, and cucumbers, on a bed of mixed greens with house ranch dressing

## Lunch Sandwiches

**(GF)** substitute for a gluten-free bagel for + \$1 OR turn any sandwich into a salad

**SMOKED ROSEMARY CLUB \$11½**

rosemary ciabatta and aioli with ham, turkey, bacon, red onion and greens

**PIMENTO B.L.T. \$10¼**

crispy bacon, house pimento cheese, greens, roma tomato, and garlic-basil aioli, on toasted baguette

**PASTRAMI REUBEN \$12**

tender house-smoked pastrami, melted swiss, house sauerkraut and russian on toasted marbled rye bread

**TURKEY AND FIG \$10½**

roasted turkey, avocado, house fig jam, greens, honey dijon vinaigrette, and goat cheese on toasted wheat bread

## À la Carte:

**(GF)** ROUTE 11 CHIPS \$2

**(V)** FRESH FRUIT \$1¾

**(V)** vegetarian    **(V)** vegan    **(GF)** gluten-free

please be advised that while we do our best to accommodate allergies and dietary restrictions, we are not a nut free/gluten free kitchen, so there is always a chance of cross-contamination

\*eggs are cooked to customer specification. Consuming raw or undercooked animal products may increase your risk of foodborne illness